

DREAM GIRLS CLUB NEWS

Mark your calendars for our next season dates - **September 25, 2021 - June 11, 2022**

! Some of last season's action !

College Prep...now!

On Saturday, March 13, we welcomed 17 of our Dream Girls and Moms to a reunion with our good friend and collaborator, ROBIN O'NEIL of PASSPORTS TO COLLEGE, who led a workshop to hone writing skills towards eventually attracting scholarships and college admission. Our motto is: *It's never to early!*



Sip & Paint

The girls got fully immersed in their creativity on March 20 with a PAINTING session under the expert direction of local artist, CARLOS. With registration limited to 12 participants due to Covid regulations, this activity filled up within 5 minutes!

Longterm Investment

Mentoring Bermuda's population of young girls is as a long-term investment with the desire to yield positive benefits; just as a financial investment is expected to yield dividends. Phenomenal People's intent is to influence participants over the course of several years through engagement in activities that develop trust, skills and self-confidence. Foundational elements are derived from the 8 domains of the Search Institute: *Support, Empowerment, Boundaries & Expectations, Constructive Use of Time, Commitment to Learning, Positive Values, Social Competencies & Positive Identity.* Search Institute has identified these building blocks of healthy development that help young people grow up healthy, caring and responsible. We're in it for the long-run!

Research: www.search-institute.org



Hog Bay Park Adventure

If you haven't ventured into Hog Bay Park in Somerset (it's just before Somerset Bridge), then you'll have to join us on our next adventure there. Of course, I'm biased, being a Somerset resident since early childhood, but this is truly a gem amongst Bermuda's parklands. Lush greenery, rugged walking paths, a maze of agricultural gardens that produce a medley of vegetables for our grocery stores and roadside produce stands, Hog Bay Park is a natural haven where you can get lost in beauty and restore your sense of well-being. A group of 18 Dream Girls and Moms did just that on March 27. Following our hike we descended upon a rest stop and indulged in a grounding exercise, some yoga moves, refreshments, and a visualization activity. And I haven't yet mentioned the glorious ocean views that we stumbled upon on the far west side of the park - brilliant turquoise water revealing colorful Parrot fish swimming along the rocky shoreline that had us all gasping over Beautiful Bermuda!



A Change in Plan - A Lesson in Handling Change

Forced to suspend planned programming due to Covid restrictions, we transitioned to an 8-week virtual activity challenge that incorporated all 8 of the Developmental Assets outlined above in *"Longterm Investment"*.

Stay tuned for more of our adventures &
Thank you for your participation & support!

AUNT MARGIE

Dream Girls Club

President & Program Facilitator

Reminder: Our season closing PICNIC & Activity Challenge Prize-giving is on July 17 at White's Island....remember to RSVP by Wed, July 7 - Whats App Aunt Margie